

The Arc Madison Cortland

Article 16 Clinic provides
services in each county we
serve: Madison, Cortland,
Oneida, Lewis, and Herkimer.



165 Main Street

Oneida, NY 13421

www.arcofmc.org

Clinic Director – Kim Aichner

Kimberly.Aichner@arcofmc.org

315-363-9281 ext. 4305

ARTICLE 16 CLINICAL SERVICES

CLINICAL SERVICES

The Arc Madison Cortland Article 16 Clinic provides support to individuals with intellectual and developmental disabilities. Services are available for individuals of all ages who attend a certified residence, live at home, or are independent in the community.

Dietetics/Nutrition

Counseling to assist with optimal diet for weight management, diabetes management, and maintaining or increasing health.

Behavioral/Mental Counseling

Counseling to assist individuals in developing positive and effective coping strategies for behavioral concerns.

Physical Therapy

Therapy geared toward maintaining and increasing mobility and musculature.

Occupational Therapy

Therapy geared toward maintaining and increasing daily living skills and sensory therapy.



Podiatry

Routine podiatric care including monitoring of diabetes and orthotics.

Psychiatric Services

Medication management and monitoring of a variety of mental health diagnosis.

Social Work

Counseling to assist with processing psychosocial stressors, such as grief and relationships.

Speech Therapy

Therapy geared toward increasing and maintaining communication skills, verbal or non-verbal, monitoring altered consistency diet recommendations, as well as monitoring ongoing swallowing concerns.

Assessments

One-time assessments for OPWDD eligibility including Autism, medical consents, guardianship, money management, swallowing evaluations, sensory evaluations, and wheelchair & adaptive equipment.