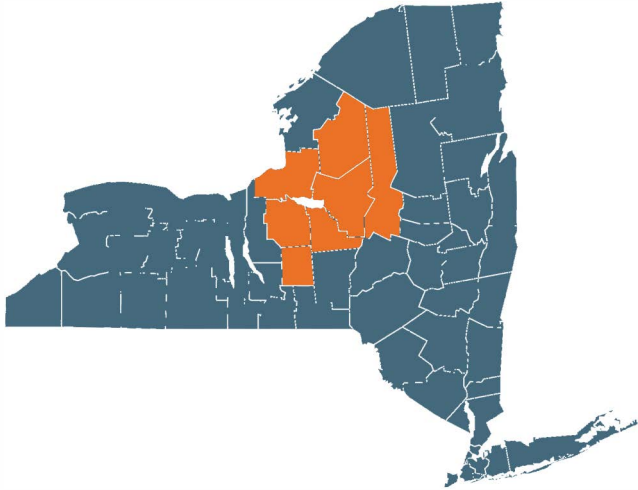


THE ARC MADISON  
CORTLAND ARTICLE 16 CLINIC  
PROVIDES SERVICES  
IN EACH COUNTY  
WE SERVE: MADISON,  
CORTLAND, ONEIDA, LEWIS,  
and HERKIMER.



  
**The Arc.**  
Madison Cortland  
New York



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ARTICLE 16  
CLINICAL  
SERVICES

# CLINICAL SERVICES

The Arc Madison Cortland Article 16 Clinic provides support to individuals with intellectual and developmental disabilities. Services are available for individuals of all ages who attend a certified day program, live in a certified residence, live at home, or are independent in the community.



**DIETETICS/NUTRITION:** Counseling to assist with optimal diet for weight management, diabetes management, and maintaining or increasing health.



**BEHAVIORAL/MENTAL COUNSELING:** Counseling to assist individuals in developing positive and effective coping strategies for behavioral concerns.



**PHYSICAL THERAPY:** Therapy geared toward maintaining and increasing mobility and musculature.



**OCCUPATIONAL THERAPY:** Therapy geared toward maintaining and increasing daily living skills and sensory therapy.



# CLINICAL SERVICES



**PODIATRY:** Routine podiatric care, including monitoring of diabetes and orthotics.



**PSYCHIATRIC SERVICES:** Medication management and monitoring of a variety of mental health diagnosis.



**SOCIAL WORK:** Counseling to assist with processing psychosocial stressors, such as grief and relationships.



**SPEECH THERAPY:** Therapy geared toward increasing and maintaining communication skills, verbal or non-verbal, monitoring altered consistency diet recommendations, as well as monitoring ongoing swallowing concerns.



**ASSESSMENTS:** One-time assessments for OPWDD eligibility including Autism, medical consents, guardianship, money management, swallowing evaluations, sensory evaluations, and wheelchair & adaptive equipment.