

# The Arc Madison Cortland

Article 16 Clinic provides  
services in each county we  
serve: Madison, Cortland,  
Oneida, Lewis, and Herkimer.



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## ARTICLE 16 CLINICAL SERVICES

# CLINICAL SERVICES

The Arc Madison Cortland Article 16 Clinic provides support to individuals with intellectual and developmental disabilities. Services are available for individuals of all ages who attend a certified residence, live at home, or are independent in the community.

## Dietetics/Nutrition

Counseling to assist with optimal diet for weight management, diabetes management, and maintaining or increasing health.

## Behavioral/Mental Counseling

Counseling to assist individuals in developing positive and effective coping strategies for behavioral concerns.

## Physical Therapy

Therapy geared toward maintaining and increasing mobility and musculature.

## Occupational Therapy

Therapy geared toward maintaining and increasing daily living skills and sensory therapy.



## Podiatry

Routine podiatric care including monitoring of diabetes and orthotics.

## Psychiatric Services

Medication management and monitoring of a variety of mental health diagnosis.

## Social Work

Counseling to assist with processing psychosocial stressors, such as grief and relationships.

## Speech Therapy

Therapy geared toward increasing and maintaining communication skills, verbal or non-verbal, monitoring altered consistency diet recommendations, as well as monitoring ongoing swallowing concerns.

## Assessments

One-time assessments for OPWDD eligibility including Autism, medical consents, guardianship, money management, swallowing evaluations, sensory evaluations, and wheelchair & adaptive equipment.